

SHINE Summer NEWSLETTER JUNE TO AUGUST 2025



We're excited to bring you fresh updates from our practice, including the official opening of our Estero office. Inside, you'll find important seasonal reminders, updated office hours, and a list of our important closures and dates. Great news – our lab is nearly complete and will soon be ready to offer in-house services! We truly appreciate your patience and can't wait to serve you right here in our office.

Whether you're due for a wellness check or just want to stay in the loop, this newsletter has everything you need to kick off the season informed and connected.

**Let the sun shine bright and safely this summer
with the help of Shine Direct Primary Care!**

Annual Screenings Matter

Preventive care is an essential part of staying healthy. Primary care annual preventive care includes physical exams, routine lab work, blood pressure and cholesterol checks, pap smears, breast exams, skin checks, and health counseling for early detection and wellness.

Discounted Imaging & Preventive Care Access

We partner with local imaging centers to provide discounted pricing for:

- Mammograms
- Routine Lab Work
- Other Imaging Tests

Eligible patients may also access free mammograms through an affiliate program.

Our team is happy to assist with eligibility and scheduling.

Virtual Visits

Don't skip your follow-ups this summer—heat, travel, and routine changes can trigger symptoms like fatigue, swelling, or blood pressure shifts. While we don't offer emergency care and 24/7 care, many of these issues can be managed early through timely visits. Let's stay ahead of problems and keep your health on track!

COMPREHENSIVE CARE MEANS TREATING THE WHOLE YOU—NOT JUST THE SYMPTOMS

OUR OUTREACH IS EXPANDING FOR YOUR WELLNESS!

Just a friendly reminder—your membership includes more than your primary care visits.

We provide access to a wide range of supporting services, including imaging and lab testing—even for those without insurance. We've sourced affordable cash-pay rates through trusted partners like the Breast Center of Naples, Radiology Regional, and Quest Labs. Additionally, we collaborate with a network of local pharmacies to help you find cost-effective medication options. Don't let concerns about cost stand in the way of the care you deserve.



ESTERO IS OPEN!

MORE FOR YOUR MEMBERSHIP

We threw a fantastic Grand Opening bash for our Estero office on April 25th, and it was a blast! With the support of the Estero Chamber of Commerce, our wonderful patients, and dedicated colleagues, we launched an exciting new chapter in expanding healthcare access for our community. We continually cultivate relationships with top specialists, radiology centers, physical and occupational therapists, and mental health providers. This enables us to provide our members with exclusive access, trusted referrals, and expedited service when additional care is required.

Included Wellness Services



- Hormone Therapy – For both men and women
- Annual Physicals
- Pap Smears
- Medication Reviews
- Urgent Care
- Medical Weight Loss Programs (+\$)
- Vitamin Injections (e.g., B12, MIC) (+\$)

These services are available to current patients and can be discussed during regular visits. (+\$ medication not included)



**9470 Corkscrew Palms Circle
Unit 104
Estero, FL 33928**





2025 Summer Time

CLINIC SCHEDULE

School's out, the kids are home, and we've got to take care of them
—but we'll still be here to take care of you, just on a limited
summer schedule!

➞ JUNE-AUGUST

➞ NAPLES- ESTERO- VIRTUAL

JUNE 13-20

Dr. Romero is visiting family in Puerto Rico for the first time in six years. Our office staff is here to support you while she's away!

JULY 4

Closed for 4th of July

JULY 11, 14-15

Dr. Romero is off to Chicago with family for her birthday! — office staff is available for questions and requests while she's away!

AUGUST 1

Resume Regular Schedule

ESTERO

VIRTUAL

NAPLES

Tuesday: 9-4
Friday: 9-4

ANY
OPEN
HOURS

Monday: 1-5
Thursday 9-5

✉ PATIENTCARE@SHINEDPC.COM

☎ 239-237-5688



SCHEDULE AVAILABLE ON
PATIENT HUB

Please request refills during normal business hours prior to scheduled closures. *If traveling you may request 90 day supplies.
As always be mindful of your supply and allow ample time for processing and insurance approvals.

